Halifax metro

Your essential daily news | TUESDAY, MAY 9, 2017

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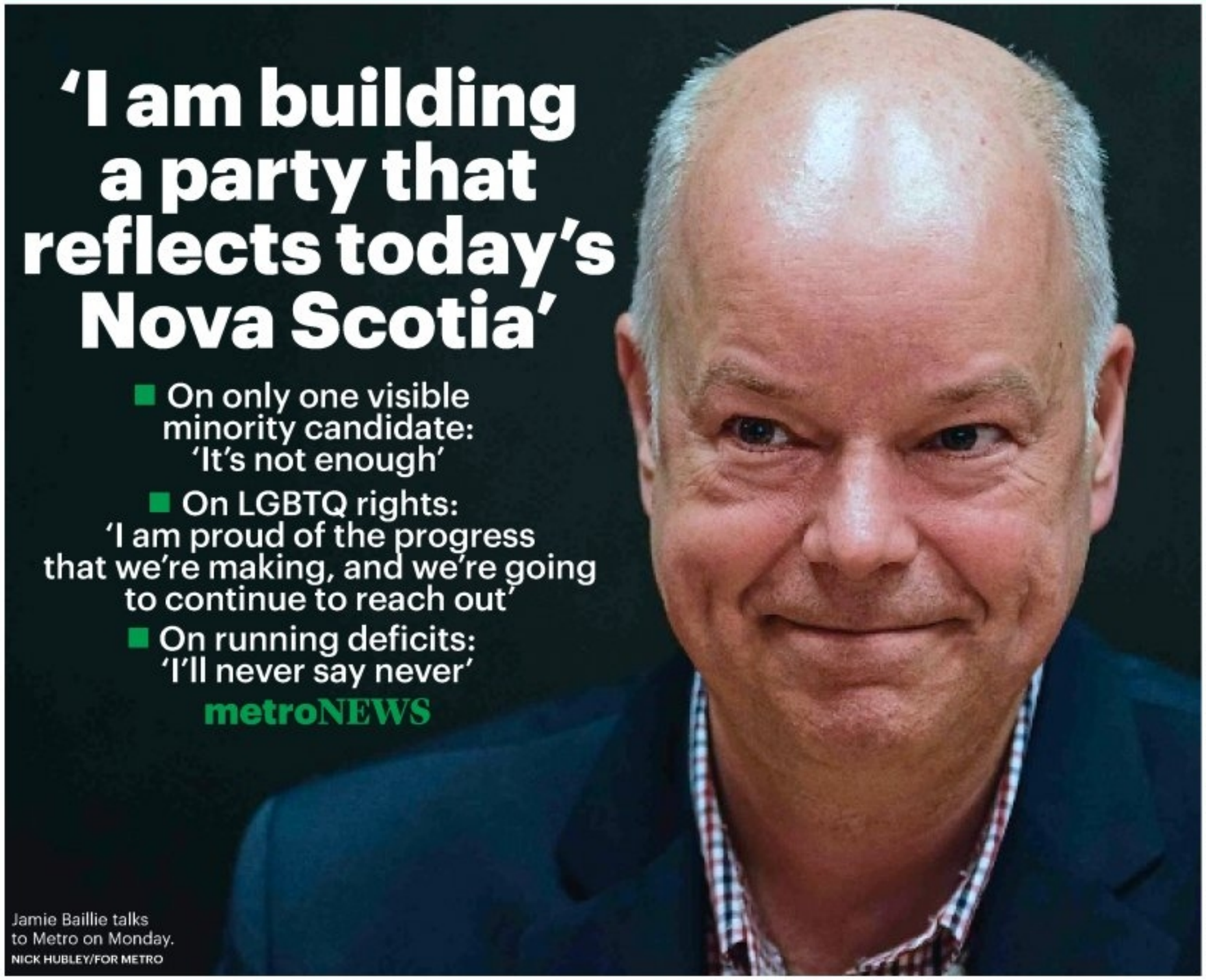
METRO TALKS: Election leaders

Nova Scotia Votes

‘I am building a party that reflects today’s Nova Scotia’

- On only one visible minority candidate: ‘It’s not enough’
- On LGBTQ rights: ‘I am proud of the progress that we’re making, and we’re going to continue to reach out’
- On running deficits: ‘I’ll never say never’

metroNEWS



Jamie Baillie talks to Metro on Monday.
NICK HUBLEY/FOR METRO

PROVINCIAL POLITICS

No flash? No problem: PC leader



Haley Ryan
Metro | Halifax

Even Jamie Baillie admits it: he’s not the most exciting politician.

The leader of the Progressive Conservative Party of Nova Scotia is perhaps better known for opposing every move Premier Stephen McNeil’s Liberal government makes, rather than proposing bold legislation, unique ideas or showing off his personality.

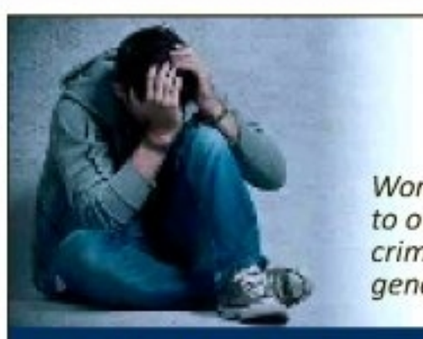
A Justin Trudeau or Naheed Nenshi he is not.

“I admit, I’m not the flashiest guy out there. I don’t think people are looking for that though. I worked for John Hamm; I learned from him you don’t need to be back-slapping, baby-kissing super extrovert to be a good premier,” Baillie said Monday when asked about his dry image.

He's more of a numbers man with an accountant and banking background, plus years as chief of staff under former premier Hamm. Baillie said that while he may not have a rock-star image, he’s played one at least once: Metro learned of an unexpected foray onto the musical stage as Elton John.

As he meets more people on the campaign trail, Baillie said, residents are getting to know him. He feels good about where he stands with the average voter, as opposed to Premier McNeil’s style, which he said has been to “divide.”

“I work to bring people together. I want to heal those wounds so that we can move forward as a province and tackle some of the challenges that we have, and that I think is what people are looking for right now,” Baillie said.



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metro NEWS

Your essential daily news



More troops, sandbags headed to flooded areas of Quebec, Ontario. **Canada**



What's not to love?

The Public Gardens are beginning to bloom again, making it a must-see attraction over the upcoming warmer months

Nick Hubley
For Metro | Halifax

After a weekend of dreary wet weather, the sun's return Monday brought happiness to many, and for us, a trip to the popular Public Gardens to see all of the beauty blooming again.

Nestled in the city's downtown core, thousands walk through the popular green space each day during the spring, summer, and fall.

On Monday, as the sun broke out following a foggy, wet start to the day, many took time to visit the Gardens as it felt like spring again in Halifax.

The Gardens is free to walk through and is open each day until dusk.

If you haven't visited the Public Gardens in a while, take it from us and do it. You won't leave disappointed.





1 The Public Gardens on Monday as the sun came out following days of wet weather.

2 A worker is out as the rain finally stops Monday.

3 More of the beauty inside the popular green space.

4 The flowers are blooming in many parts of the gardens.

PHOTOS: NICK HUBLEY/ FOR METRO

METRO TALKS: Election leaders

Nova Scotia Votes

'I'm prepared to do the hard work'

In an interview on Monday, Progressive Conservative Leader Jamie Baillie discussed the usual campaign topics ranging from his 10-year plan for the economy to new funding for mental health supports, while also championing his party's history of progressive action. The below Q&A has been edited for length and clarity.



Haley Ryan
Metro | Halifax

Metro: You have one candidate who is a visible minority. Why do you not have more?

Baillie: It's not enough. We have a record number of women running, a third of our candidates are women, we've worked very hard to have more gender balance on our slate of candidates — we obviously have more work to do on that and particularly on visible minorities. What we're finding is that it's hard work. I'm prepared to do the hard work and I acknowledge that there's more work to do. I will say none of the parties is great at this yet, we all have more work to do.

School reviews and how we go about replacing our aging infrastructure are very topical right now. How would you handle which schools are being replaced first?

By absolutely taking the politics out of it once and for all, and respecting the professional decisions that architects and construction engineers make about the state of our schools. We all saw the J.L. Ilsley school skyrocket past others to the top of the list, not based on engineering but based on politics. I'm not saying J.L. Ilsley is a great school, it does need work, but Eastern Shore, they're trucking in bottled water every day because the water's not drinkable there. It's frustrating as a parent to see the government spend a couple million fixing the (J.L.) roof a few years ago, and then decide to tear the whole thing down and put a new school in place today, on the eve of an election. If there's anything that should be outside of political interference it should be the education of our children, and yet that has reached a new high under this government. With professional opinions and an order of priority based on need, our job as a provincial government is then to find the resources to see how far down the list we can get.

We'll segue into something relating to schooling and young people. If you were a young LGBTQ person in Nova Scotia, why would they vote for you? What policies could help them?

We are the Progressive Conservative Party. I've marched in every Pride parade, I've reached out to the LGBTQ community repeatedly, we have self-identified LGBTQ people on our slate of candidates, I'm very proud of that. People don't know this, but it was the PC Party that first amended the Nova Scotia Human Rights Act to exclude discrimination on the basis of sexual orientation and sexual identity. We actually have a good story to tell here as Progressive Conservatives in Nova Scotia. I am building a party that reflects today's Nova Scotia. I want every Nova Scotian, including those in the LGBTQ community, to see themselves reflected in the people and the policies of the PC Party. We're not all the way there, but I am proud of the progress that we're making and we're going to continue to reach out.

There's a petition asking to bring age-appropriate transgender education into all grade levels. How do you feel about that pairing with social history and not only sex-ed?

I'm the kind of person that if you identify one way or another, that's up to you and I respect that. I would like our school curriculum to reflect that modern approach where people can identify themselves however they want, and that's cool and we move on together. I think it's important that today's students, at an age-appropriate time, recognize that there's all kind of people that make up today's Nova Scotia and that's fine, that's a strength of our province.

How will you work with regional council?

To me they're a partner in government, I hear from people that they expect governments to work together. I do have great hopes that Mayor Savage and I, the council and my government, can work together to encourage more growth and get services they need.

Nova Scotia has an extremely high out-migration of young people, and we're an aging province. We have the highest youth job loss of any province, so how do you begin to address that?

We've got to get away from the election cycle and into a long-term planning horizon. For me, that's 10 years. The centrepiece of our campaign is a 10-year plan to rebuild the infrastructure of the province, create 10,000 jobs. That includes putting vocational training back in our schools and giving young people option of a trade if they want to live and work here. It obviously includes a need for more managers and professionals coming out of our universities as well. I don't agree with starving the economy for three years as Stephen McNeil has done, and spending like crazy in year four when the election comes. I want to see a 10-year focus on job growth and infrastructure renewal.

There's so much voter apathy right now. People's view is things are always the same, it doesn't matter which party it is because they all get in there and do the same thing. How do we address this problem and get people of all ages out to vote?

It's tough because people have been down this road so many times before. I have people say to me, 'Jamie, I like what you're saying but how do I know you're going to do it?' That's a really tough question because truthfully you don't know what's going to happen in the future. I encourage people to look at my background and other leaders running to see who has the background, the skills, the experience to get the job done, but that's not going to do it by itself. I am prepared to put strong accountability measures into our platform so people can track how we're doing every day of a new PC government. I think we need to have a premier and government that publicly reports on how they're doing compared to their promises once a year, so Nova Scotians can see for themselves whether they're keeping up with what they said.

Will you run a deficit? Ever? To deliver these promises?

I'll never say never, because that would be irresponsible. Meeting people's needs has to be at the top of a government's list, but our platform foresees continuing with balanced budgets while we make these investments. Much like in your household you make sure that your paycheque and your grocery bill stay in balance, but if you need to fix the roof you go and you fix the roof. That's what I want to do for Nova Scotia.

5 fun facts about Jamie Baillie

Favourite food

Thai food, I love Thai food. Pad Thai, glass noodles, basaman rice, they're all great.

When's the last time you took the bus?

It's been awhile, but a few years ago my daughter and I took the bus to Point Pleasant Park and walked through the trails and had a wonderful day. We decided to do that just to do something different.

Favourite movie

This will be kind of geeky, but you know that movie The American President? I like that movie, my wife and I watch that movie — you don't even know what I'm talking about, do you? It's been awhile since I've been to a movie.

Favourite band/singer

I'm a big Elton John fan, and I've see him in concert three times, my wife and I have. We've travelled quite a distance to do that — so I'm aging myself here I know. I'm going to regret telling you this — I actually played Elton John on stage when I was at the Credit Union in front of about 600 people. This was the real deal.

What's your drink of choice after a long day?

A beer. There's 45 craft brewers in the province today, and I have made it my mission to try every single one of them, and I'm very far along. I'm not through the 45, so I won't pick a favourite. When it's a particularly hard day, a Gosling's dark rum and a Propellor ginger beer is a very nice combination.

Stronger sexual assault laws

To get at the root of low numbers of women reporting sexual assault, and those who feel distrustful of the justice system, Jamie Baillie says specific reforms are needed.

When asked how he would address many women's concerns around sexual assault and safety in light of numerous assaults in cabs, the PC Leader said that is a "real problem" that's an example of when government needs to get active.

"We do need to strengthen our sexual assault laws, we do need to send a signal to survivors of assault that they can come forward with confidence, and that they'll be treated with dignity in our system," Baillie said, citing bills the PCs have tabled around requiring judges to have sexual assault law training, and ensuring women who come forward get the necessary legal representation.

Baillie also said he would have called for a full judicial review when the controversial Judge Lenehan decision came down, adding it's a "fallacy" that politicians shouldn't comment on legal issues.



People turned out in the hundreds to protest a March ruling in a sexual assault case by Judge Gregory Lenehan. JEFF HARPER/METRO

Downtown vision

When asked what his vision is for downtown Halifax, Jamie Baillie said the amount of urban development going on in the downtown core is great.

"As a former business person, I appreciate the private investment that's going into the centre of the city right now. As a government representative, I see it all as a growing tax base, where more money is made available for services without having to raise the tax rate. I want to make sure that we're smart about it, that we also protect green spaces and our history."

However, with many downtown businesses complaining development around the Nova Centre especially has hurt their bottom line, Baillie said those are "legitimate concerns."



A view from inside the Nova Centre. JEFF HARPER/METRO

Nova Scotia Votes

Liberals pledge to protect coast

ENVIRONMENT

Party facing criticism for lax approach to polluters

Nova Scotia's eroding coast and forest clearcuts emerged as election issues Monday as the Liberals promised new studies and laws, while the Tory leader said existing environmental rules are gathering dust.

Premier Stephen McNeil held a news conference in front of a Halifax's Chocolate Lake to announce he'll bring in a Coastal Protection Act as part of his government's response to climate change — as the rising Atlantic Ocean gradually sweeps away parts of the seashore.

"This act will help to protect against and plan for coastal erosion. We can do a better job of encouraging development in the appropriate places outside of flood plains and away from eroding areas," he said, adding his government would work with all stakeholders and the public to develop the bill.

McNeil also said the province would extend the moratorium on hydraulic fracking and re-announced a pledge made in the recent budget to appoint an independent review of forestry practices.

The Progressive Conservatives said there's reason to suspect McNeil's commitment to bringing in significant legal reform after his government showed limited willingness to enforce existing rules.

Leader Jamie Baillie pointed to the issue of water contamination in the Halifax-area community of Harrietsfield, saying the Liberals didn't remediate the problem or penalize the recycling company that residents said caused the pollution.

"I think one of the most frustrating things that Nova Scotians see is the lack of enforcement and compliance of the environmental laws that we have now," he said during his morning news conference.

Meanwhile, NDP Leader Gary Burrill said that the New Democrats would plan to fulfill a goal to reduce clearcutting by 50 per cent — as laid out in the previous government's natural resource strategy.

THE CANADIAN PRESS

WELCOMED

- The Ecology Action Centre, the province's leading environmental group, welcomed the Liberal promise to bring in a Coastal Protection Act and a Biodiversity Act, particularly provisions that said it and other groups will be consulted.
- The Ecology Action Centre also noted that a three-year provincial task force concluded forestry practices are poor and regulatory change is needed, including a 50 per cent reduction in clearcutting in the current harvest.



Premier Stephen McNeil says a Coastal Protection Act is part of his government's response to climate change that will help to protect against and plan for coastal erosion. THE CANADIAN PRESS

From the campaign trail: Party promises

Progressive Conservatives focus on mental health

Progressive Conservative Leader Jamie Baillie vowed to spend $39.7 million on in-school mental health services and emergency centres for people suffering from mental health crises.

The Tories would also increase the number of mental health courts and create a mental health research institute.

NDP vow to expand dental care to cover teenagers

NDP Leader Gary Burrill is promising to expand dental care coverage for children under 18.

Burrill noted that Nova Scotia is one of only a few provinces that does not provide dental coverage to all teenagers.

He says the Canadian Pediatric Association has consistently called on all provincial governments to extend oral health coverage to teenagers.

THE CANADIAN PRESS

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INVESTIGATION

Police accused of deleting video

Nova Scotia's independent police watchdog is probing allegations that Halifax police deleted a cellphone video of an arrest outside a downtown bar last month.

The Serious Incident Response Team said Monday a man told them he had taken video of a friend's April 27 arrest for public intoxication.

The man said he was also arrested on the same charge, and when his phone was returned to him the next morning, the video had been removed.

SIRT director Ron MacDonald said the independent unit decided the complaint, received on Thursday, raised issues of "significant public interest" under its mandate.

"We know that those types of videos can sometimes provide very important evidence in matters involving police and public interactions," said MacDonald.

"And the action of erasing something like that would go unfortunately a very long way into destroying the public's trust in the police, if they were seen taking active steps to eliminate evidence ... those are the reasons why something like this is of a significant public interest."

MacDonald said SIRT is investigating first whether the video existed, and then whether a police officer tampered with it, which he said would be a "potential obstruction of justice."

SIRT is not investigating either arrest, but police are handling a complaint internally about the initial arrest, he said.

The unit dealt with a similar complaint last year involving a youth, and found no grounds for charges against any police officer. THE CANADIAN PRESS

FRAUD

Scammer ordered to pay victims $1.1M

A Nova Scotia financial manager who was the mastermind behind an investment scam that bilked about 200 investors out of $1.1 million has been ordered to pay them back.

Quintin Sponagle of Upper Vaughan pleaded guilty to fraud in December for his work at Jabez Financial Services Inc. of Windsor — a company registered in Panama.

Sponagle has admitted in court that he was responsible for $1.1 million worth of fraud.

In a written decision released Monday, Judge Anne Derrick says Sponagle used that money to buy cars, recreational vehicles and property, and for international travel, cash withdrawals and other personal expenses.

Derrick says he used other people's hard-earned money to "feather his own nest," and ordered Sponagle to pay the victims $1.1 million in restitution. The sentence took into account the about three years he has served in jail.

THE CANADIAN PRESS

VICTIMS' PAIN

- The decision says victim impact statements revealed that Quinton Sponagle's actions affected the investors emotionally, mentally and physically and shook their trust in others.

IN BRIEF

Teenage driver charged

A teenager has been charged with impaired driving after almost hitting a group of runners.

The RCMP say on Sunday around 10 a.m. in Little Dover, Guysborough County, weekend racers were coming around a curve on Dover Road when a car, attempting to pass a fire truck involved in the race, hit a pick-up truck head-on that was coming in the opposition direction.

No runners were injured, but the truck driver was hurt and taken to hospital.

The driver of the car, a 17-year-old from New Harbour, was arrested and charged.

METRO

Labrador boys burned in 'known gas-sniffing house'

The deputy grand chief of the Innu Nation is pleading for help after two boys were burned when a known Labrador gas-sniffing house burned to the ground.

RCMP say the two boys — aged 11 and 17 — were seriously injured and are being treated in hospital.

It's the third such fire in the community in under a month. THE CANADIAN PRESS



William Sandeson is escorted into his preliminary hearing at provincial court in Halifax on Feb. 11, 2016. THE CANADIAN PRESS

Witness describes scene in Sandeson's apartment

TRIAL

Neighbour saw still man, lots of blood



Zane Woodford
Metro | Halifax

William Sandeson's former neighbour told a jury on Monday he saw a bloody, unmoving man in Sandeson's apartment on the night he is alleged to have killed Taylor Samson.

Sandeson, 24, is accused of killing Samson, 22, on Aug. 15, 2015. Samson's body was never found.

In Nova Scotia Supreme Court on Monday, the jury in Sandeson's first-degree murder trial heard testimony from Pookiel McCabe, who's known Sandeson since 2010 and lived across the hallway from him at 1210 Henry St. in August 2015.

On Aug. 15, 2015, McCabe told the jury he was at his apartment drinking with a friend when he heard a loud bang. That bang was followed by a knock at the door. When he opened it, McCabe said Sandeson was standing there looking "a little shocked."

McCabe said he and his friend went across the hall with Sandeson and looked into his apartment, where he saw a man sitting in a chair facing the kitchen table.

There was "a decent amount" of blood on the man, chair, and floor – and he didn't see him move, McCabe testified. He said he didn't see the man's face, and couldn't describe him other than to say he was wearing shorts. He said he didn't see or hear anyone else in the apartment.

"We didn't look for long," he said. "It was quite a shock."

McCabe then went back across the hall. A few minutes later, he and his friend looked into Sandeson's apartment again, and saw the "same scene." Then they left, going first to a party, then downtown.

McCabe's story was corroborated in part by video evidence from Sandeson's surveillance system shown to the jury last week, and again on Monday. That video showed Samson walking down the hallway into Sandeson's apartment. Within the next 10 minutes, it showed McCabe and his friend looking into the apartment twice and then leaving.

The first two times he spoke to police, on Aug. 19 and 27, 2015, McCabe said he saw nothing. In October 2016, he spoke to police again, and told this story. When asked why he didn't tell the truth originally, McCabe said: "I was scared."

"I didn't know if he was affiliated with anybody," he said, referring to his belief Sandeson was involved with organized crime.

Later, under cross-examination by defence lawyer Eugene Tan, McCabe said that belief was based on rumours. He said he learned they weren't true, and felt comfortable now saying what he saw.

McCabe told the jury he and Sandeson have communicated since August 2015, by letters and a phone call. Two of those letters, in which McCabe wrote to Sandeson in a "friendly tone," were entered as evidence.

On Monday morning, the jury heard the end of Halifax Regional Police Det. Const. Roger Sayer's testimony under cross-examination by defence lawyer Brad Sarson.

TRIAL

Sleeping man shot because of 'beef'

Beer bottles. Kids' toys. A sleeping man draped in a Disney princess blanket, shot in cold blood.

This is the scene of Terry Marriott Jr.'s death in a basement TV room on Feb. 20, 2009, a jury in Nova Scotia Supreme Court heard Monday.

In the first-degree murder trial against Jimmy Melvin Jr., the star witness described a bloody scene at a home in Harrietsfield, a rural community on the outskirts of Halifax.

"There was blood everywhere," Derek Thomas MacPhee told the jury. "There was a hole in the side of his head ... his face was all distorted."

MacPhee is in witness protection and received immunity in exchange for testifying.

The animosity between Melvin and Marriott started before that cold February day.

In an opening statement, Crown attorney Christine Driscoll alleged Melvin had a "beef" with Marriott.

MacPhee told the jury that Melvin had been "talking about killing (Marriott) for years."

In fact, MacPhee even attempted to arrange a reconciliation between the two men.

"I just wanted them to get along," he told the jury, adding that he thought "everything was good" after the meeting.

Driscoll said that on Feb. 19, 2009, Marriott went to the Harrietsfield home of a friend, John Lively, where he laid down after a night out at a Dartmouth strip club, to "sleep off the partying."

"Mr. Lively gave him a blanket," Driscoll told the jury. "It was one of Mr. Lively's daughter's blankets. It had Disney princesses on it. Mr. Marriott never got off that couch."

Instead, MacPhee told the jury he drove Melvin to Lively's house on his four-wheeler. He heard two quick bangs followed by three slow bangs.

THE CANADIAN PRESS



Jimmy Melvin Jr. METRO HALIFAX

NATIONAL DIGEST

Criminal 'kosher' cheese charges a first

For the first time in Canada, the country's food inspection agency has laid criminal charges against a businessman and his company for allegedly trying to pass off run-of-the-mill food as kosher.

The Canadian Food Inspection Agency has charged Creation Foods and its vice-president, Kefir Sadiklar, with sending cheese falsely described as "kosher" to Jewish summer camps in June 2015. The agency alleges forged documents were created to make it seem like the cheese adhered to Jewish dietary laws. The federal food inspection agency said this is the first case it "has brought before a provincial court related to the misrepresentation of a kosher food product."

TORSTAR NEWS SERVICE

Sajjan still in hot seat

The Senate defence committee released a report Monday blasting the Trudeau government's "political decision" to purchase Super Hornet fighter jets, while all but endorsing the F-35 stealth fighter.

The report came as the Conservatives used one of their opposition days in the House of Commons to focus speeches on Defence Minister Harjit Sajjan's credibility, a debate which will culminate in a largely symbolic vote on Tuesday. Sajjan, a former reserve soldier and Afghan war veteran, has faced days of verbal fire for exaggerating his role in Operation Medusa, a key battle involving the Canadian Forces. The minister apologized, but the Tories say he also misled Canadians on other issues, such as the urgent need for Super Hornets and cuts to tax benefits for soldiers deployed to Kuwait. THE CANADIAN PRESS

More help headed to flood-drenched areas

WEATHER

Safety minister says thousands of troops and sandbags ready

Public Safety Minister Ralph Goodale is defending the federal response to flood relief efforts in Ontario and Quebec, saying the Liberals sent troops and resources immediately after hearing provincial pleas for help.

Goodale said the federal government agreed to send military personnel to Quebec "within 30 seconds" of that province asking for help Friday and is now moving 250,000 sandbags into flooded communities around Ottawa after complaints about running out arose on Sunday night.

Goodale said the federal government couldn't send in help on its own — local and provincial officials had to ask first.

That process of responding to a natural disaster will go under review when Goodale meets his provincial and territorial counterparts at the end of the month. Goodale said one jurisdiction or government cannot alone be responsible for responding to a natural disaster.

"These kinds of disasters cannot be pigeon-holed," he said. "It takes a collaborative, all-in kind of approach. That's the best way to protect peoples' lives and livelihoods."

Goodale said every level of government is pulling together to keep people safe in what he describes as a very serious situation.

Some 1,650 members of the military are in, or on their way to flood-ravaged zones of Quebec as part of federal efforts to help communities affected by rising waters.

The minister said the government is reaching out to private sector suppliers to find up to four million sandbags, if required, to help protect homes and critical infrastructure from flood waters. He said the government will look to local suppliers first before deciding whether to transport bags from elsewhere in the country.

The federal government annually sets aside money in its budget to help pay for natural disasters. This year, government spending documents show the Liberals have budgeted $679.3 million, a drop from the $848 million budgeted last year.

The money won't cover the total disaster relief costs. Goodale said officials would negotiate which level of government will pick up what costs.

"We'll sort that out in the days ahead and we'll do so fairly that is appropriate in the circumstances, but the key thing is make sure the resources are there to keep people safe," he said.

TORSTAR NEWS SERVICE

NATIONWIDE

- More than 1,500 soldiers hit the ground Monday to help Quebecers deal with "historic" flooding.
- Searchers said Monday they couldn't find any signs of a 76-year-old man from the B.C. community of Tappen after a mudslide tore through his home Saturday.
- Flood waters in Gatineau, Que., were rising relentlessly and the military was stepping up sandbagging operations in the community.



Residents make their way through the flooded streets of Laval, Que., on Monday. RYAN REMIORZ/THE CANADIAN PRESS

TRUMP TRAVEL BAN

'Unprecedented order' gets another day in court

A challenge to President Donald Trump's revised travel ban appears to hinge on whether a federal appeals court agrees that the Republican's past anti-Muslim statements can be used against him.

The 4th U.S. Circuit Court of Appeals wrestled Monday with whether the court should look beyond the text of the executive order to comments made by Trump and his aides on the campaign trail and after his election in order to determine whether the policy illegally targets Muslims.

"That's the most important issue in the whole case," said Judge Robert B. King, who was appointed to the court by President Bill Clinton.

The panel of 13 judges peppered both sides with tough questions but gave few clues as to how they might rule.

The judges did not immediately issue a decision on Monday.

THE ASSOCATED PRESS

EUROPE

France's new head of state aims to become presidential



Incoming French President Emmanuel Macron and his wife Brigitte sing the national anthem at the Louvre in Paris, Sunday. THE ASSOCIATED PRESS

France's newly elected president has started taking on his new role, working on the attitude expected of a statesman — a new world for a man with little political experience.

Moments after his victory on Sunday, Emmanuel Macron, 39, slowly walked to the stage in the courtyard of the Louvre Museum in Paris, progressively appearing in the light to the sound of the European anthem Ode to Joy – a very symbolic moment before the crowd of supporters roared.

On Monday morning he appeared side-by-side with outgoing president Francois Hollande at a commemoration of the end of World War II.

He campaigned on pro-business and pro-European policies, a risky move when a populist wave recently swept Donald Trump into the White House and led Britain to vote to leave the EU.

In his victory speech, Macron vowed to "rebuild the relationship between Europe and the peoples that make it." He pledged to open a new page for France based on hope. In his political rallies, he encouraged supporters to wave both the French tricolour and the European Union flags, and asked them not to boo his rivals, rather fight their ideas.

Macron did not campaign alone: His wife was never far away. Brigitte Macron, 24 years his senior, is his closest adviser.

Macron and his wife have publicly described how their unusual romance started — when he was a student at the high school where she was teaching in Amiens. A married mother of three at the time, she was supervising the drama club. Macron, a literature lover, was a member.

Macron moved to Paris for his last year of high school. She eventually moved to the French capital to join him. They married in 2007.

THE ASSOCIATED PRESS

metro CITIES
Your essential urban intelligence



PHILOSOPHER CAT by Jason Logan

BLUEPRINT by Sarah-Joyce Battersby and David Hains/Metro

A 'bunch' of solutions

We've all been there. The bus is late and then three come all bunched together. Internally, we scream: "Why can't they just keep to the schedule?" As it turns out, bus bunching is an incredibly complicated problem that transit agencies around the world spend millions to solve.

There are no easy answers, but here are some promising projects:



STRAIGHT TALK

Chicago spent $9 million to upgrade the technology linking drivers to the transit control centre. The city's 1,800 buses were already equipped with GPS to track location and progress, but now the drivers could speak directly to the command centre if they spotted any issues that would throw a wrench in service.

Outcome: In the first three months of the trial, there was a 40 per cent reduction in big gaps.

ANALYZE THAT

Miami teamed up with IBM to crunch real-time data in the hopes of spotting bottlenecks and other issues. The system tackled nearly 20,000 bus runs on four major routes, looking at bus paths, speed and stops to assess the accuracy of schedules and bunching alerts.

Outcome: The system predicted bunches up to 60 minutes ahead of the problem, so buses could be redirected accordingly.

OLD PROS

Toronto's transit agency deployed some of its spare fleet to relieve pressure on two of its busiest routes, the 29 Dufferin and 512 St. Clair. In addition, the schedule was tweaked to reflect the true time of the cross-town trips, and it hired supervisors to expedite departures from the terminal.

Outcome: Short-turns on the Dufferin bus went from 300 per week to 30 or 40. St. Clair went from about 450/week to fewer than 10.

TOSS THE TIMER

Researchers at Georgia Tech told bus drivers to abandon their schedules and just drive with the flow of traffic. In the experiment, buses got back on track by waiting at selected stops or "control points" based on calculations made once the bus arrived there.

Outcome: Gaps self-corrected and the schedule balanced without need for complex intervention. Drivers added it allowed them to focus on driving.

UNSERVICE

Some researchers have toyed with telling passengers they can't board, even when it's not full, in order to pull away from the stop quicker. Their research papers look like chalkboards in A Beautiful Mind. But try telling someone that they can't board a half-empty bus in -40 C because of math.

Outcome: Metro could not find a city that has widely implemented this policy. Instead, all-door boarding offers similar benefits.

WORD ON THE STREET by Danielle Paradis for Metro

Cities have crucial role to play in truth and reconciliation



More than half of the country's Indigenous population now lives in cities, according to the 2006 census, and the numbers are rising.

As Indigenous people move, their stories must move with them, including the dark ones.

The Truth and Reconciliation Commission uncovered stories of residential school abuses and 6,000 deaths — a history previously unknown to many Canadians.

The TRC made almost 100 calls to action, largely focused on the federal government. But cities can join the effort.

Edmonton Mayor Don Iveson said the "gut-wrenching stories of survivors" he heard at the TRC inspired him to act.

"I knew everything in me had changed, and that our city had to change too," he wrote for the Edmonton City as Museum Project.

As a result, Edmonton has introduced an aboriginal youth leadership initiative and committed to training city staff about residential schools and keeping reconciliation top of mind in their "work as city builders."

More concretely, the TRC called for monuments to be erected in Ottawa and every provincial and territorial capital city.

It's one of the easiest aspects of reconciliation, and it should happen everywhere. Winnipeg and Ottawa have unveiled their monuments. (At the same time Edmonton accidently removed community-made art about reconciliation.)

These don't have to be abstract statues with a dull plaque. In Berlin, Germany, an artist has installed Stolperstein, or stumbling blocks, which bear the names of Holocaust victims right in the streets of the city. In Toronto, programmers at the TIFF movie theatre begin each screening by thanking the Indigenous groups who have laid claim to the land where the theatre sits.

Monuments and gestures like this start to raise awareness of the schools and their multi-generational effect. There is still a lot of work to be done with reconciliation. But it starts with listening, and with sharing.

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PUBLIC WORKS
The week in urbanism



THE MOUTHS OF BABES
A Vancouver park has been renamed Slidey Slides Park after the city opened a naming competition to children. The kids visit the park daily from their daycare centre next door. The winning name beat out tough competition, like Little More Donkeys and Running Star. All submissions were made during story time.

AIRBN-FEE
While some cities grapple with Airbnb, Chicago is harnessing its power. The city charges homeowners using the service a 4 per cent tax , and is putting $1 million raised in the process to help house 100 homeless families.

CITY CHAMP Metro's city builder of the week



Maayan Ziv is a Toronto-based photographer and the founder of the Access Now app, which crowd-sources accessible restaurants, hotels, shops and more in cities across the world.
@maayanziv

URBAN DICTIONARY

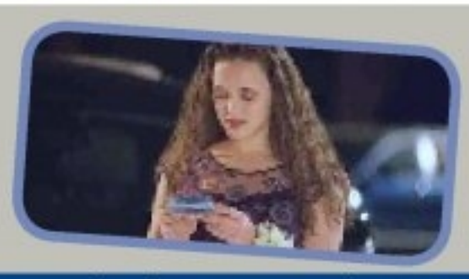


DEFINITION
Whether they're tall and skinny posts or short bulky ones, **bollards** block cars from entering areas meant for pedestrians and cyclists. Some are removable, and used for street festivals.

USE IT IN A SENTENCE
"**Bollards**!" exclaimed the British driver when she was blocked from driving through a pedestrian path.

metro LIFE

Your essential daily news



Netflix has renewed its controversial hit show 13 Reasons Why for a second season

RELATIONSHIPS

Workshops and getaways are helping the heartbroken

Megan Haynes
life@metronews.c





The heart is a lonely camper

When her two-year relationship abruptly ended a year ago, Leslie Taylor kept replaying the way things went down in her head. Despite having friends to chat with, she often felt no one understood her pain.

The California-based 33-year-old felt like she'd lost herself in the relationship, which made her feel even more alone.

Depressed and desperate, Taylor was willing to try anything. She hunted online for a getaway to help break the lonely cycle, but found nothing to help her heartbreak.

"I was surprised," says Taylor, who asked her real name not be used out of privacy concerns. "People are breaking up every day — you'd think there'd be a giant market for breakup retreats."

Then she came across Renew, a new two-day bootcamp in upstate New York dedicated to mending broken hearts. Founded by Vancouver native Amy Chan, Renew's first retreat was planned for February 2017. Taylor packed her bags and booked her tickets.

"I was willing to try anything," Taylor says. "The camp was really geared at self-reflection and healing. And it was nice to talk about (my breakup) with people focused on helping me."

Chan conceived of Renew in late 2015 after a sudden breakup five years ago, which left her feeling lost, depressed and even suicidal at times. "I tried everything from psychics to therapy to yoga. I spent $2,000 on a yoga retreat in Mexico, but it still wasn't enough," she says. "You name it, I did it. But there was nothing dedicated to healing from a breakup."

It took Chan two years and a move from Vancouver to New York City to recover from her failed relationship. Now based in N.Y.C., Chan, a marketing professional, saw an opportunity in this underserved niche and launched Renew as a side-business.

She plans to run retreats four times a year increasing the frequency as popularity grows.

Hosted at a luxury farm in upstate New York, the tech-free, $1,600 retreat includes nature hikes, meditation, yoga, gourmet meals and one-on-one therapy sessions with a trained psychologist. But the bigger draw might be the group sessions with trained therapists, where participants talk through their failed relationships, analyzing what went wrong, and how to avoid issues in the future.

Renew is now one of a handful of programs that focuses on healing after a split. Others include The Shortcut to Getting Over a Breakup, a four-day Toronto workshop that is spread over the course of a month and costs $200.

The group nature of these retreats is probably the most beneficial aspect of the healing process, says Susan Valentine, a Toronto-based psychotherapist who specializes in relationships.

But she cautions that group retreats, while a useful tool, can mask some underlying issues. First, of course, after the getaway there's a new sense of isolation. Second, people can go into these experiences thinking they'll be healed in two days, when in reality, there is no quick fix to recovering from a split.

"The most helpful thing — beyond getting away — was hearing other people's stories," says Taylor. "There was something about meeting a stranger who has dealt with (the same thing I had) that was incredibly comforting." TORSTAR NEWS SERVICE



"I tried everything from psychics to therapy to yoga. But it still wasn't enough."

Amy Chan, Renew

HOW TO MEND

If you can't afford to drop $1,600 to attend Renew or another retreat, here are some helpful ways to mend a broken heart from the bootcamps' founders and other heartache experts.

The science

Did you know that when scanned in an MRI, a heartbroken brain looks the same as that of a cocaine addict looking for a fix? It's important to understand what's happening in the brain when you break up because it'll help you be less hard on yourself, says Joana Lopez, a life coach and founder of The Shortcut to Getting Over a Breakup.

Nix the creeping

Stop browsing your ex-partner's Instagram, says Renew's Amy Chan. "It's not loving to yourself when you're stalking your ex," she says. "You know the outcome of it is you're going to feel bad. But you do it anyways because you're addicted." Find a new habit, like taking a walk or reading a book.

Get active

Find a workout buddy, says psychotherapist Susan Valentine. Beyond releasing endorphins, working out is a good way of breaking out of the wallowing pattern people tend to fall into when getting over love.

BEREAVEMENT

Why Prince Harry's confrontation with grief can aid others

It turned Prince Harry's life into "total chaos." Before his brother, Prince William, and others pointed out what possibly ailed him, it gnawed at him. It remained ever present no matter how hard he tried to ignore it — the grief just wasn't going away.

Growing up, it metamorphosed into anger, depression, possibly even stupidity (anybody recall that swastika-armband costume?) . . . and it wasn't until years after his mother's death that the prince finally spoke up about how he really felt about losing her and the consequences of that trauma. After years of even "refusing to ever think" about her, he finally sought counselling for his grief.

Harry's recent comments on Mad World, a U.K. podcast hosted by journalist Bryony Gordon that covers issues of mental health, has illuminated the problem of grief — ignored, it never goes away. You have to talk about it to deal with it, and even when you do, be prepared that it might never just disappear.

Harry's confession, "marks a real shift in public understandings of grief and mental health," says Julia Cooper, the Toronto author of The Last Word: Reviving the Dying Art of Eulogy, a book examining eulogies, celebrity, grief and the author's own personal experiences of loss.

"That Harry isn't done with his grief might come as a comfort to those who feel like they should be finished grieving, but just can't shake it," says Cooper.

Harry's revelation of having been affected shows us, mere mortals, that even for those who are privileged, "grief is never over, and there is some solace in hearing that there's nothing wrong with that."

This might not be great news for those of us who believe in the five-stages-of-grief model by Dr. Elizabeth Kübler-Ross. This model published in her book On Death and Dying describes the stages as: 1. Denial and Isolation; 2. Anger; 3; Bargaining; 4. Depression; and 5. Acceptance. This model suggests that there's a neat order to grief and that it's possible to get over it.

But as Cooper points out, "(Kübler-Ross's book) has been grossly misread, and she spent the rest of her career trying to explain the nuances of death to a reading public more interested in finding a quick fix for grief."

Cooper says the "five stages were only the first few chapters of a much longer, and quite thoughtful study of grief, which doesn't try to paint over the ugliness of mourning."

During his interview, Harry stressed that talking about grief — and mental-health issues — is just the beginning. He has taken up boxing to deal with anger, he took on mental-health causes — among them, helping vets with PTSD — and he drew solace from that, too. TORSTAR NEWS SERVICE



Prince Harry ISTOCK/CONTRIBUTED



JOHANNA SCHNELLER **WHAT I'M WATCHING**

Almost feeling sorry for Existential Trump

THE SHOW: The President Show, Season 1, Episode 1 (Comedy)
THE MOMENT: Honk goes the truck



Anthony Atamanuik is rivalling Alec Baldwin with his own take on U.S. President Donald Trump. CONTRIBUTED

Writer and comedian Anthony Atamanuik plays Donald Trump as a talk show host: "I'm the president and I'm also the show, and that's an incredible deal," he purrs. While showing a camera crew "his" New York, he gets cranky.

"I want to go back to the Tower," he pouts. A trunk horn sounds. "Oh boy, a truck!" he cries. He leaps up, pumps his arm in the "honk" gesture. The trunk honks. He claps gleefully.

"Did you see that?" he crows like a 3-year-old. "I wish an 18-wheeler truck would come. And the driver is a macho guy. And he says, 'You drive the truck.' And I drive it all the way to the river, and into the river."

Without pausing, his eyes narrow; his voice drops to a slower babble. "And I drown in the river. I feel the water seeping over me, and the air leaves my lungs, and I'm finally at peace. Only then do I find the absolute solitude I've wanted."

He snaps to: "Anyway, I'm tired of this." He turns to the camera, host-y again: "So that's my New York, from the East to the West 50's."

Alec Baldwin is no longer the only Trump in the game. Atamanuik gets the way Trump talks through his bottom teeth, the way his voice switches from soft and faux-controlled to fast and squeaky.

Most importantly, he gets at the desperate, unfillable maw of need under Trump's narcissism. His Existential Trump not only makes you laugh, it almost — almost — makes you feel for the guy.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



An estimated 2,000 Canadians died of opioid overdoses in 2015 alone. THE CANADIAN PRESS

New plan tackles opioid treatments

DRUG CRISIS

Guidelines aim to curb use as first-line solution

Updated opioid-prescribing guidelines released Monday encourage doctors to avoid giving the powerful narcotics as a first-line treatment to patients with chronic, non-cancer pain and instead try other medications or non-pharmaceutical therapies to prevent a host of potential harms associated with the widely used drugs.

Those harms include physical dependence or addiction, as well as the increasingly common risk of fatal overdoses. An estimated 2,000 Canadians died of opioid overdoses in 2015 alone, and initial 2016 data still being tallied suggest the number of fatalities linked to the drugs — both prescription and illicit — could far exceed that figure.

"It really comes down to the paradox of trying to provide important relief for patients dealing with unrelenting chronic pain while at the same time balancing the risks associated with the medications," said Dr. Jason Busse, a researcher at the National Pain Centre at McMaster University and lead author of the 10-recommendation document.

For patients whose chronic pain is not controlled with non-opioid therapy, the panel of experts that developed the guidelines says dosages of opioids like oxycodone, hydromorphone and the fentanyl patch should be restricted to less than the equivalent of 90 milligrams of morphine per day, and ideally to less than 50 mg.

Physicians treating patients already taking the equivalent of 90 mg of morphine or more should consider incrementally tapering their daily intake to the lowest effective dose, and even discontinuing the potent medications, the panel recommends.

"Estimates are somewhere between half a million and a million Canadian adults are currently on long-term opioid therapy for chronic pain, often at very high doses," Busse said.

"And when you go on long-term opioid therapy, you will inevitably develop physical dependence. And opioids also become less effective the longer that you take them," leading many patients to seek higher and higher doses to achieve relief so they can function in their daily lives, he said.

The new guideline document, published in the Canadian Medical Association Journal, provides much stronger and more detailed advice than a previous version released in 2010, which suggested doctors could use a "watchful dose" of the equivalent of 200 mg of morphine daily.

"After 2010, there was not the kind of impact on opioid prescribing that I think people were hoping for," Busse said. "There was a little bit of a downtick, but maximum doses of opioid prescribing went up, admissions for hospital-related opioid toxicity went up, and death rates have continued to climb as well."

Moreover, 40 per cent of recipients of long-acting opioids were receiving the equivalent of more than 200 mg of morphine daily, while 20 per cent were getting more than 400 mg.

Dr. Irfan Dhalla, a practising Toronto physician and vice-president of evidence development and standards for Health Quality Ontario, called the new guidelines a "huge improvement." THE CANADIAN PRESS

Calee

Domestic Short Hair



Calee is estimated to be 10 years of age. She is currently located in one of our loving foster homes. Her foster parents have the following to say about her: "Calee really loves to be around people and is affectionate. She loves cuddling next to you on the couch. She is very well behaved and wise as an older cat, but she still has energy and playfulness."

For more information on **Calee** and other adoptable furry friends, visit **www.spcans.ca/dartmouthshelter** or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or dartmouth@spcans.ca

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Explore the foundations of natural nutrition

Whether you want to expand your knowledge of natural nutrition for personal use, add to your current professional role or are passionate about holistic nutrition and want to go into a specific area, the Canadian School of Natural Nutrition's Halifax location has the program for you, says the branch's manager.

"People who are keen on and live natural lifestyles will benefit from our one-year diploma program in natural nutrition," says Jennifer King of the offering that consists of 17 courses covering topics such as sports nutrition, allergies and aging. "Holistic nutrition is different from what is traditionally taught because it doesn't just look at what you eat but why you eat, where you eat, how you eat and more."

Courses are facilitated twice a week with an additional third day during some weeks. The program uses a theory-based approach with practical application included in various ways such as "practicals," during which



CONTRIBUTED

practitioners such as naturopathic doctors are invited to lecture, giving students an opportunity to network.

"Students are required to get 50 practicum hours over the course of the year," says King. "They also do 14 case study assessments and work with clients to create plans for them, and we take students on field trips."

Once learners complete the program, says King, they earn the professional designation registered in holistic nutrition (RHN).

Applications are currently being accepted for the September start date. For more, visit csnn.ca/halifax.

'People will always need medical care'

The health care industry is growing, and Maritime Business College offers a popular medical office administration program to meet this growing demand for jobs.

"No matter what the economy looks like, people will always need medical care," says Dave Maguire, marketing director, Maritime Business College.

"Individuals with specialized health-care training often enjoy higher job security than professionals in fields more affected by changes in the job market. In fact, advances in technology and an aging population are actually creating growth in the healthcare industry right now."

Through this program, students will learn the unique procedures and practices of health care offices for a career as a medical office administrator.

This 13-month diploma program prepares students to become entry-level medical office assistants who are able to work in a variety of health-care office environments."This is a fairly large occupation in Nova Scotia, with employment around 1,050, and so job opportunities occur fairly regularly," says Maguire.

Recent graduates have gone to work at Capital Health, optometrists, private practices, medical clinics, and specialist's clinics.

Like all MBC programs, this program is



CONTRIBUTED

taught by industry experts, and students benefit directly from the breadth and depth of their experience.

"Our Instructor, Andrea Oster, has over 12 years' experience working in a world-renowned, pediatric teaching hospital in Toronto, Ontario," says Maguire.

"She brings experience from various administrative positions with the operating room and the cardiac catheterization laboratory."

She also brings a blend of front-line and administrative assistant skills to the classroom from her career in health care. For more information, visit maritimebusinesscollege.ca.



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UTILIZE YOUR CREATIVITY IN 3D ANIMATION



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Receive hands-on 3D animation training from industry experts at daVinci College.

Skyler Greencorn is a Canadian digital artist from the Maritimes.

Heavily inspired by film and game entertainment since a young age and sketching/drawing for even longer, his yearning to apply his creative passion has stemmed into many facets of the industry.

Over his career he has applied his creative skills to a variety of sources but his calling always lied within entertainment.

This calling, which he now has transformed into passion at Orpheus Interactive, a Video Game development company that focuses on narrative driven titles.

He boasts a background in both 2D, 3D, practical and digital mediums; and over seven years of digital art experience, not to mention teaching at daVinci College.

"If you're creative, and love to dabble in today's digital technology, then you're destined for a career as a digital animator," says Dave Maguire, marketing director, daVinci College.

"In just 24 months, you'll earn a 3D animation diploma and come away with a knock-out portfolio and demo reel showcasing your talents to potential employers."

Throughout this program, students will train to develop digital animation for video games, animated films, and visual effects.

As a student, you are immersed in a real production studio where you get to work on actual animation projects.

The animation field offers many exciting careers, and after graduation, students can choose to specialize or work in a number of different segments of the industry such as: 3D animation, 2D animation, web designing, gaming, multimedia, advertising, and many more.

For more information about this program, visit davincicollege.org.

Find your passion: Is a career in interior decorating right for you?



CONTRIBUTED

If you've got a passion for decorating and are looking for a career that utilizes your creativity, style and personality, a career in interior decorating could be an excellent fit for you.

Professional interior decorators create and implement decorating plans for homes, offices, shops and other professional spaces.

As a professional in this business you might advise clients on colour schemes, layouts, lighting, furniture, floor coverings, paint, wallpaper and more.

"Our interior decorating program provides comprehensive training in residential and commercial interior decorating and space planning," says Dave Maguire, marketing director, Success College.

"We provide a strong foundation in creating functional and aesthetically pleasing spaces as well as project management and business practices."

Students will be trained in construction plan drafting, space planning, visual communications, and the elements of design.

"This is a 'hands-on' course where our talented, experienced instructors mentor students throughout the course," says Maguire.

This program is led by Sharon Charlton, the current executive president of the Nova Scotia Interior Decorators' Association.

Students benefit directly from the breadth and depth of her many years of industry experience.

The curriculum is also developed so that you finish a two-year program in just 14 months.

The interior decorating program at Success College is accredited by The Canadian Decorators' Association, The Nova Scotia Interior Decorators' Association, and Interior Décor Resources Canada.

For more information about this program, visit successcollege.ca.

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metro SPORTS



Cole Harbour's Nathan MacKinnon now has five goals in the last two games at the worlds after scoring two in Canada's 6-0 win over Belarus

Caps push wobbly Penguins to Game 7

2017 NHL PLAYOFFS
SERIES TIED 3-3

Crosby banged up again as series shifts to D.C. for finale

Andre Burakovsky scored twice, Nicklas Backstrom got his sixth of the playoffs and the Washington Capitals beat the Pittsburgh Penguins 5-2 on Monday night to force a Game 7 in their taut Eastern Conference semifinal.

John Carlson and T.J. Oshie also scored for the Capitals. Braden Holtby stopped 16 to send the series back to Washington for the deciding game on Wednesday night.

GAME 6 In Pittsburgh

5	2

Jake Guentzel picked up his playoff-leading ninth goal and Evgeni Malkin added another 52 seconds later late in the third period to make the score look cosmetically better, but the Penguins were never in it. The Capitals controlled play throughout. Marc-Andre Fleury finished with 21 saves and received little help in front him.

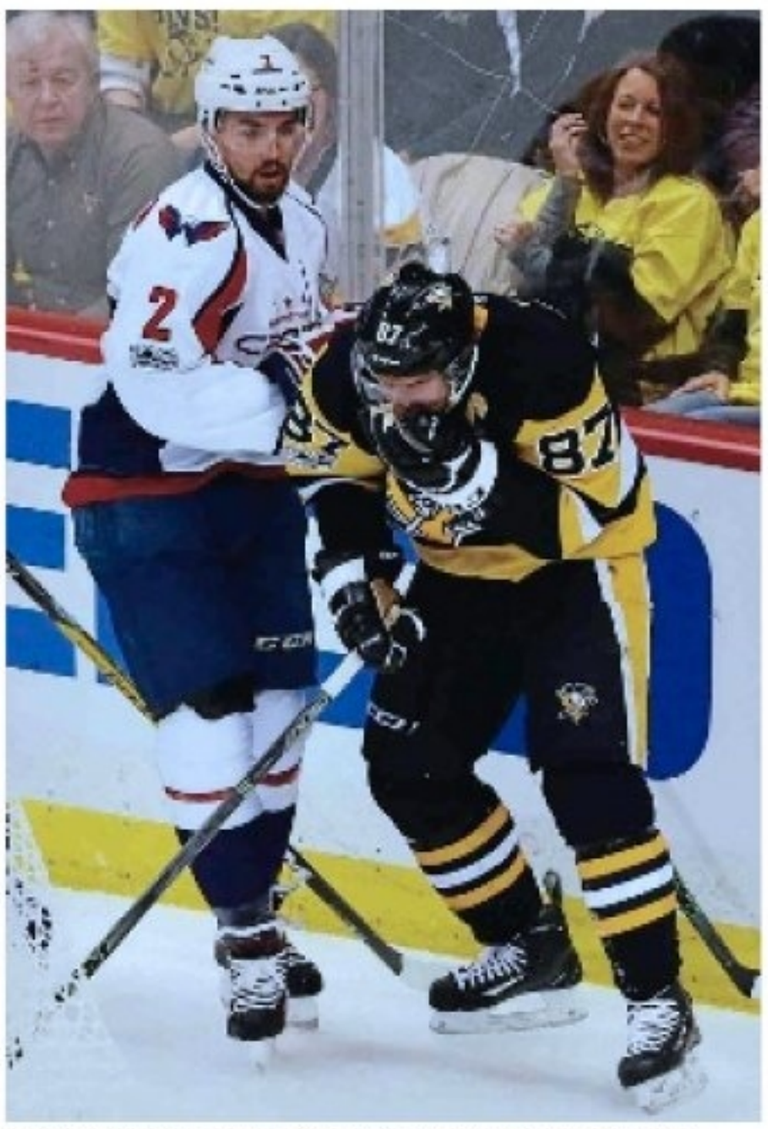
Sidney Crosby was a non-factor for a second straight game after sitting out Game 4 with a concussion. The Cole Harbour superstar took a nasty spill in the first period when he was slammed into the end boards head-first while he tangled with Carlson. He remained in the game but found little room to work.

This will be the fourth time the Penguins and Capitals meet for a Game 7. Pittsburgh has won each of the three previous deciding games, the last in 2009 in Washington on its way to the Stanley Cup.

The Capitals appeared on the verge of another unceremonious exit at the hands of the Penguins going into the third period of Game 5. The Presidents' Trophy winners responded with a three-goal barrage over the final 20 minutes to extend their season.

That momentum carried over two days later and 250 miles northwest on Monday. Washington systematically dismantled the defending Stanley Cup champions, who looked listless as they struggled to generate any kind of sustained pressure despite Pittsburgh coach Mike Sullivan's line tinkering to try to create a spark after Game 5.

THE ASSOCIATED PRESS



Sidney Crosby and Matt Niskanen collide after the Penguins captain took a high stick to the face on Monday. Later in the first period, Crosby crashed head first into the end boards and looked woozy while leaving the ice but ultimately stayed in the game.

GENE J. PUSKAR/THE ASSOCIATED PRESS

WESTERN CONFERENCE SEMIFINAL

Naiveté might be just what Oilers need

A team with little experience or baggage in a Game 7 is about to face a team with a lot of both.

The Edmonton Oilers avoided elimination in Game 6 with a resounding 7-1 victory over the Anaheim Ducks at home Sunday. Wednesday's winner in Anaheim meets the Nashville Predators in the NHL's Western Conference final.

Edmonton's last Game 7 was 11 years ago, when the Oilers fell 3-1 to the Carolina Hurricanes in the deciding game of the Stanley Cup final.

Some Oilers such as Milan Lucic have played in a Game 7 with other clubs, but haven't experienced that pressure cooker with their current teammates.

The Ducks, by contrast, have played a Game 7 in each of the last four years and lost all of them at home.

So the Oilers may be light on Game 7 seasoning, but they're also unburdened by Game 7 history.

"Sometimes it's nice to be naive. Sometimes it's nice to go in there and be stupid to it," Oilers centre Mark Letestu said.



Mark Letestu
GETTY IMAGES

"Experiencing it for the first time, it's exciting for everybody. We're just going to go out and play. We don't really have anything to fall back on."

It's been an oddly high-scoring series with seven or more goals scored in all but one game. Goaltending has run hot and cold. Each team won twice in each other's barn before getting a victory at home.

The Ducks had the momentum after a pair of comeback overtime wins for a 3-2 series lead, but they were completely dominated Sunday from the opening puck drop.

"Momentum in my opinion, you re-establish it every night," Oilers head coach Todd McLellan said.

"It doesn't carry over from game to game.

"Each game is its own entity, has its own circumstance, takes on its own personality and we've really seen this in this series."

THE CANADIAN PRESS

WORLD CUP

Three-way 2026 bid set for fast track

An accelerated process to hand North America the 2026 World Cup is set to be approved by soccer leaders this week, with FIFA president Gianni Infantino hoping for a "bulletproof" process to avoid past voting scandals.

The U.S., Canada, and Mexico are seeking an unchallenged path to co-hosting in 2026, if FIFA's technical requirements are met by next year.

There is expected to be no opposition to fast-tracking the plans.

By avoiding a contest, the process should be resistant to the allegations of wrongdoing that have tainted World Cup votes in recent decades.

Under plans announced last month, the United States would stage 60 games, including every fixture from the quarter-finals, while Canada and Mexico would have 10 each.

Despite plans to share the tournament, there is a possibility the U.S. emerges as the solo host — like in 1994 — if its neighbours are considered unsuitable by the FIFA Congress in June 2018. The motion being presented to the congress on Thursday states that the North Americans want the hosting rights if "one or more" of the countries "satisfies the technical bid requirements."

THE ASSOCIATED PRESS

TENNIS

Bouchard ousts Sharapova in Spain

Motivated more than usual, Eugenie Bouchard used her game to send a message to Maria Sharapova by defeating the Russian 7-5, 2-6, 6-4 in a thrilling second-round match at the Madrid Open on Monday.

Bouchard, one of the most outspoken players against Sharapova's return to tennis following a doping ban, jumped up and down after converting her second match point.

It was their first meeting since Bouchard called Sharapova a cheater and said she should have been banned for life from the sport after testing positive for meldonium at last year's Australian Open.



Eugenie Bouchard
GETTY IMAGES

"I definitely had some extra motivation going into today," Bouchard said. "I was actually quite inspired before the match because I had a lot of players coming up to me privately wishing me good luck.... It showed me that most people have my opinion, and they were just maybe scared to speak out." THE ASSOCIATED PRESS

IN BRIEF

Chelsea moves to within win of sealing Premier League

Chelsea is one more win away from taking the Premier League title after beating Middlesbrough 3-0 on Monday.

The Blues have the chance to claim their second league title in three seasons when they face West Brom Friday. They moved seven points clear of second-placed Tottenham, and all but consigned Middlesbrough to relegation. Middlesbrough trails Hull by six points with two games left.

THE ASSOCIATED PRESS

Lowry confirms he'll opt out

Toronto Raptors point guard Kyle Lowry will opt out of the final year of his contract and become a free agent, and a lucrative deal beckons.

But less than 24 hours after the Raptors' season ended in a four-game sweep by Cleveland, Lowry gave no hints about his intentions.

"Honestly man, I want to just get better, I want to have fun, I want to win a ring. I want to make sure my family is happy," said Lowry. "Honestly, I wouldn't BS you guys. I would, but not this time. Not this time."

THE CANADIAN PRESS

MAKE IT TONIGHT

Zesty Grilled Corn and Green Bean Salad



PHOTO: MAYA VISNYEI



Ceri Marsh & Laura Keogh
For Metro Canada

This year-round salad is a satisfying reminder of summer flavors with generous bites of sweet corn.

Ready in 30 minutes
Prep time: 10 minutes
Cook time: 20 minutes
Serves: 4

Ingredients
- 1/4 cup extra virgin olive oil
- 3 tablespoons rice wine vinegar
- salt and pepper
- 4 ears of sweet corn, grilled or 2 cups frozen corn, cooked
- 1 pound green beans, blanched and cooled
- 1 red pepper, diced
- 1/2 red onion, thinly sliced
- 1/4 cup feta cheese

Directions

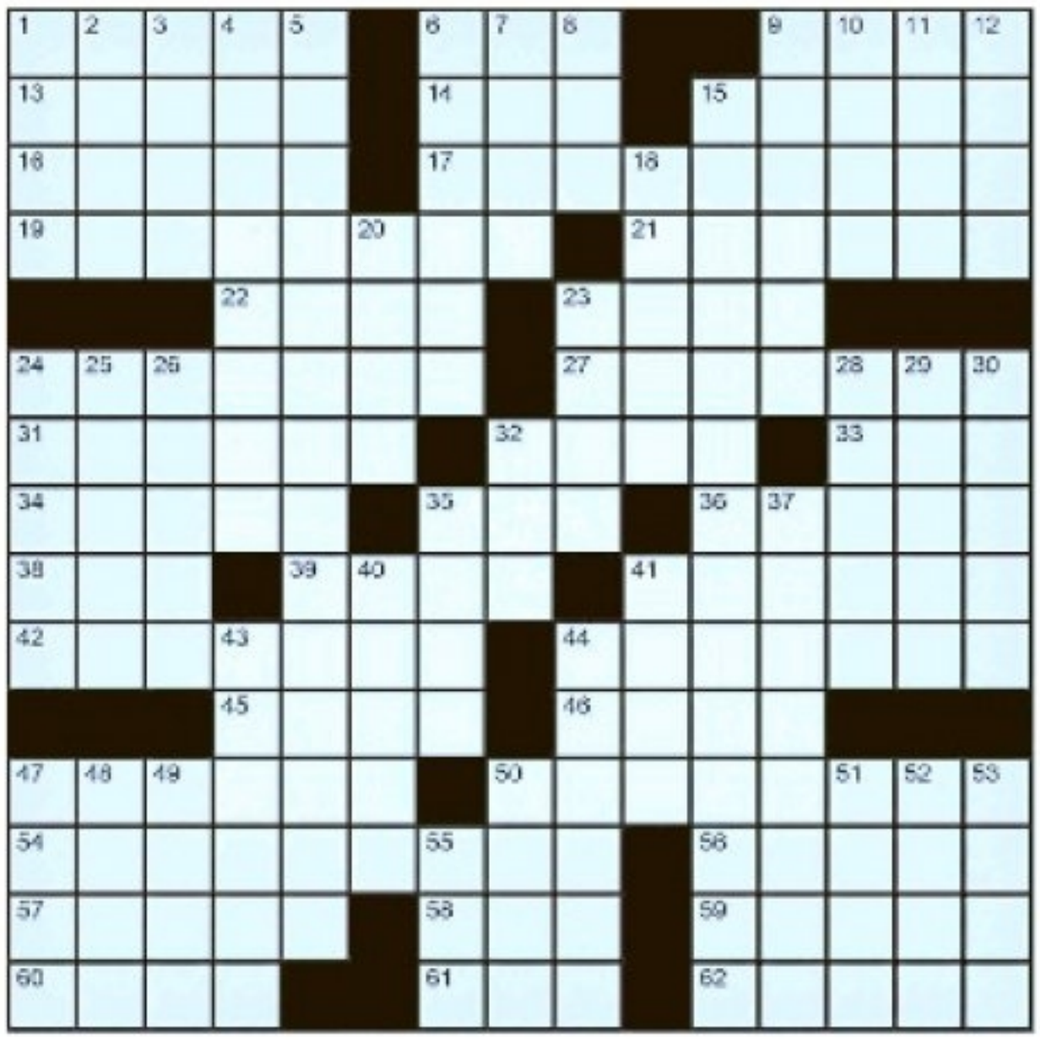
1. Prepare vinaigrette by whisking together oil and vinegar with salt and pepper. Set aside.

2. Cut corn kernels from cob and chill. In the meantime, put beans, red onion, red pepper and feta in a large bowl. Add corn and then drizzle with vinaigrette and toss. Sprinkle top with feta and serve.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Discard
6. Fortify
9. Lettuce variety
13. Actor Peter O'Who?
14. Romance
15. Free: French
16. Buzzing
17. "So sorry."
19. Friend to Melba Toast: 2 wds.
21. Commencement
22. Egyptian river
23. Triad
24. Wagon train, for example
27. Book a table
31. Mazda models
32. Pedestal
33. __-en-Provence, France
34. Bay window
35. Limo passenger
36. Nero's 1951
38. Canadian cap.
39. "Downton Abbey" job
41. Dr. William __ (Noted footcare specialist, b.1882 - d.1968)
42. "Zippo.": 3 wds.
44. BC-brewed beer
45. Sweet'__ (Sugar substitute)
46. Mideast chieftain
47. Baroque composer Mr. Albinoni
50. Tom Cochrane's Manitoba birthplace: 2 wds.
54. The Who's Tommy: 2 wds.
56. Negatives, in Hamburg
57. Composer Irving Berlin's writer wife
58. Just dandy
59. "And now, the __ __..." - Paul Anka, "My Way"
60. Hamilton-born ballet great Karen
61. Clinic pros
62. "Say __ __ the Dress"

DOWN
1. Hollywood headliner
2. Mozart opera, __ Fan Tutte
3. Campus mil. program
4. Extraterrestrially estrange
5. Honoured Member of Canada's Sports Hall of Fame killed in WWI in France at the age of 36. The Alouettes' home field is named in his honour: 2 wds.
6. Respond to the alarm clock
7. Anchor's attachment
8. Cow's call
9. Human's hallux: 2 wds.
10. Wading bird
11. Marcia's "Desperate Housewives" character
12. Greatest
15. Member of Canadian women's rights group The Famous Five: 2 wds.
18. Knowledgeable traditions
20. "Such a shame."
23. Pitfall
24. Wings hit: letter + wd.
25. __-__-surface missile
26. "Thing Called Love" singer Bonnie
28. 1925: Ben-Hur silent film portrayer Mr. Novarro (b.1899 - d.1968)
29. Montreal's Place __ Marie
30. Deport
32. Auction action
35. Opinion
37. Princess __ (Prince Albert of Monaco's wife)
40. Mr. Desai of "American Idol" Season 8 in 2009
41. 'Sleep'-meaning prefix
43. Vancouver-born actor Hayden Christensen's 'Star Wars' flicks role, __ Skywalker
44. Inuit crafts
47. Long journey
48. Dancer in "Return of the Jedi" (1983)
49. 1151 in ancient Rome
50. Scientology founder, _. __ Hubbard
51. Assists
52. Produce a pullover
53. 'Happy Motoring!' sloganeer
55. __-nose-throat doctor

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Today you can see new ways to make money. You might even see new uses for things you own, because you're in a resourceful frame of mind.

Taurus April 21 - May 21
Take a realistic look in the mirror to see what you can do to improve your appearance, because you can do this today. You might even see ways to improve your health.

Gemini May 22 - June 21
Any research you do will get results today, because you have the ability to see the subtext of things. Nothing will escape your X-ray vision.

Cancer June 22 - July 23
You might attract someone powerful today. This person might influence you to change your future goals. Possibly, you will influence someone else.

Leo July 24 - Aug. 23
You will have a strong footing in your relationships with parents, bosses and VIPs today. Have confidence in yourself; people will listen to what you have to say.

Virgo Aug. 24 - Sept. 23
You might see a new way of looking at something, particularly when discussing religious, political or racial issues. Your point of view can grow and mature today.

Libra Sept. 24 - Oct. 23
Trust your ability to come up with a better arrangement regarding shared property, inheritances, taxes or debt. You are so resourceful today.

Scorpio Oct. 24 - Nov. 22
Look for ways to improve your closest relationships and partnerships, because this is possible today. You will see ways to make improvements.

Sagittarius Nov. 23 - Dec. 21
Don't hesitate to make suggestions about introducing reform where you work. Likewise, today you might see a way to improve your health.

Capricorn Dec. 22 - Jan. 20
You are in a resourceful frame of mind today. You can apply this to any creative activity, especially involving the arts, music or sports, or even working with children.

Aquarius Jan. 21 - Feb. 19
Look around you and see what you can do to make improvements and repairs where you live. This is a good day to think about how to fix up your digs.

Pisces
Feb. 20 - March 20
Your powers of concentration are excellent today, which is why you can solve problems and see solutions that normally might be hidden from you. with others will be powerful.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

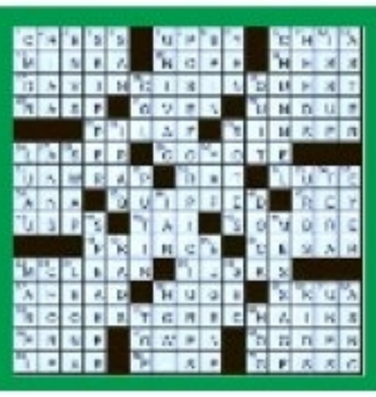
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1	7	9						8
	4		9	2				
8		6						2
				6				
5						4		3
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6						8	7	4
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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



1	5	8	7	2	3	9	4	6
3	4	9	8	5	6	2	7	1
7	2	6	1	9	4	8	3	5
8	1	3	5	4	7	6	2	9
9	7	5	2	6	8	3	1	4
2	6	4	9	3	1	5	8	7
4	9	2	3	1	5	7	6	8
5	8	1	6	7	2	4	9	3
6	3	7	4	8	9	1	5	2





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